

Connections to Healthy Relationships and Consent

Curriculum expectations regarding **healthy relationships** and **consent** and are explicitly stated in every grade of the *Ontario Health and Physical Education Curriculum (1-12)*. This Healthy Relationships in a Digital World resource document demonstrates how keeping students safe and healthy and making curriculum connections is everyone's responsibility.

1 A1.4*	Practise relationship skills: empathy, respect, attention, active listening, communication
1 D2.3	Benevolence; understanding consent ; healthy/unhealthy relationships
2 D2.3	Consent , assert oneself, defend; limits; denounce; inappropriate touching
2 D3.1	Interact positively; inclusion; sharing; good friend; intervene
3 A1.4	Practise relationship skills; empathy, communication, teamwork
3 D1.4	Characteristics of healthy relationships ; consent ; types of relationship
4 A1.4	Practise relationship skills: empathy, communication, cooperation
4 D1.2	Use of technologies; benefits, risks, precautions, hazards
4 D1.3	Types of bullying, non-consensual behaviours, ways to help
4 D2.2	Decision-making process; false information, privacy, consent
5 A1.4	Practise relationship skills: collaborate, respect, cultures, congratulate
5 D2.2	Social and emotional skills in dealing with threatening situations; witness
6 A1.4	Practise relationship skills; respect, types of support
6 D1.1	Benefits of inclusion, respect, and tolerance; welcoming school
6 D1.3	Pornography repercussions, misleading relationships , wrong model (consent or not)
6 D2.5	Influence of changes in adolescence on healthy relationships
6 D2.6	Respect for self and others, consent , judicious choice in one's relationships ; know oneself
7 A1.4	Practise relationship skills, empathy, homophobic/racist remarks
7 D1.1	Technology: benefits, dangers, security measures, consent
7 D1.3	Clear dialogue, decision-making, consent , loving relationship
7 D3.3	Puberty and sexual health/interpersonal relationships
8 A1.4	Practise relationship skills ; the pros/cons of intimate relationships
8 D1.3	Warning signs of substance use and consequences, relationships
8 D1.4	Factors that influence decisions (consent , values, limits)
8 D2.3	Consent and healthy and safe decisions/sexual activity
8 D3.3	Benefits of healthy relationships , consent at each stage
9 C1.2	Benefits and risks associated with technologies
9 C2.2	Skills/strategies for building healthy and intimate relationships
9 C2.3	Sexual boundaries, consent , making choices
9 C3.3	Skills/strategies, building/maintaining, warnings unhealthy/violent, relationships , consent
9 HI 1.4	Interpersonal skills
10 C3.5	Analyze the repercussions of an intimate relationship on other relationships (friends, family)
11 A2.1	Quality social network; counter cyberviolence
11 C3.4	Personal and interpersonal skills; managing a stressful situation
11 B1.2	Personal factors for well-being, an active and healthy life
12 A3.1	Communication skills for healthy relationships
12 A3.2	Interpersonal skills and strategies to minimize conflict
12 C1.1	Effects of various forms of violence (cyberbullying)
12 C2.2	Communication skills, coping skills, conflict resolution strategies, available resources
12 C3.2	Forms of violence, harassment, abuse/resources

*A1.4 Students will learn skills to build relationships and communicate effectively • So that they can support healthy relationships and respect diversity pg.294
 Ontario Health and Physical Education Curriculum (2019) – [Grades 1 to 8](#)
 Ontario Health and Physical Education Curriculum (2015) – [Grades 9 - 12](#)