

President's Message

March 27, 2023

Mental Health Resources

[Workplace Strategies for Mental Health](#) is an online resource tool offered by Canada Life, the insurer of our Benefits program. It is designed to help with the prevention, intervention and management of workplace mental health issues. Resources include organizational strategies to support workplace mental health and psychological safety, assessment tools and workshops, as well as approaches for leaders to develop leadership skills, team building and supporting employee success. These tools are free and can be accessed by all OPC Members.

Professional Learning Survey Feedback

In January, our professional learning team sent a survey to all Members, Associates and other stakeholders seeking input on our current offerings. We want to thank all of those who took some time out of their schedules to complete the survey, as well as the PL Focus Group Members and Councillors who provided additional feedback. The results are outlined in [this short report](#), which will help shape our planning for the next few months and into the 2023-24 school year.

TSAA Report

Earlier this year, the Toronto School Administrators' Association (the local OPC group) [conducted a survey](#) on workload, intensification of student needs, workplace harassment and violent behaviours, and financial and staffing shortages. 548 P/VPs (56% of the TSAA membership) responded to the survey. TSAA will use the results of the survey to highlight issues around administrative stress, working conditions and well-being. The results of the survey likely highlight what is happening in boards across the province.

Quote to Ponder

"The whole purpose of education is to turn mirrors into windows." – Sydney J. Harris

Media

- [OSSTF calls for increased funding amid education crisis](#)
- [Teachers' strike worries mount amid slow bargaining talks](#)
- [Shift in Holocaust education needed](#)
- [Restoring music education post pandemic](#)
- [Woman creates patka box for teachers to help Sikh students](#)
- [Board to pilot 4-day school week](#)
- [10 things to know about the Ontario Budget](#)

Queen's Park

There were questions in the House about [skills training for students](#), [funding for anti-racism initiatives in schools](#), [services for children and youth with special needs](#), [education funding in upcoming Provincial Budget](#), [salaries for ECEs to address staffing shortage](#) and [integration of students with Autism into classrooms](#).